

CMCHISTN

Minutes of the Meet on Packages for Intra-articular Injections – 13th December, 2019.

1. Indications for Intra-articular Injections :
 - A. Extent of Joint damage. Not to be prescribed in early stages.
 - B. Minimum of 3 weeks trial of Conservative management (Medication & Physiotherapy) is mandatory prior to administration of Intra-articular Injection.
2. Contraindications :
 - A. Infection
 - B. Debilitated patients.
 - C. Renal Failure
 - D. Grade 4 Osteoarthritis.
3. Minimum mandatory investigation may be limited to X ray for most cases.
4. Intra-articular Steroids may be avoided to the maximum extent possible and may be given only in cases of Acute and severe joint pain.
5. Intra-articular Hyaluronic Acid may be given after a minimum of 2 months after administration of intra-articular steroid if the symptoms persist.
6. For cases of Frozen shoulder, a minimum of 3 weeks trial of Conservative management (Medication & Physiotherapy) is mandatory prior to administration of Intra-articular Injection. Patient's video indicating the range of movement supportive of frozen shoulder may be submitted.
7. CT & USG guided Intra articular Injection packages may be deleted from the package list of CMCHIS.
8. For C Arm guided Intra articular injections, Payment may be Rs 3000 [Rs 1000 each for OT charges, Consumables and Surgeon's charge] plus the cost of the drug or PRP as applicable.
9. Platelet Rich Plasma [PRP] cost may be capped at Rs 7500 per patient.
10. Image of Injection under C-Arm Guidance with patient to be submitted.

Since there is no scope of removing the USG and C-arm packages as they are part of the Tender, as suggested in the Monday review meeting, the cost may be revised as follows:

All injections must be administered in a Sterile environment only.

USG Guided Injections – Image of Injection under ultrasound Guidance with patient to be submitted.

Knee / Elbow / Ankle / Wrist - Rs 850 + Drug Cost (Except Steroid)

Shoulder / Hip – Rs 1000 + Drug Cost

CT Guided Injections – Rs 1500 + Drug Cost (Image of Injection under CT Guidance with patient to be submitted.)

C-Arm guided injections – 3000 + Drug Cost (Image of Injection under C-Arm Guidance with patient to be submitted.) for Spine

C-Arm guided injections – 2500 + Drug Cost (Image of Injection under C-Arm Guidance with patient to be submitted.) for other joints